

Seibukan Grading System

Grade	Prerequisite for Exam	Contents															
		Tainotenkan	Ikkyo	Nikyo	Sankyo	Yonkyo	Gokyo	Shiho-nage	Irimi-nage	Kote-gaeshi	Kaiten-nage	Tenchi-nage	Kubi-nage	Koshi-nage	Kokyu-ho	Jiyuwaza	
5th Kyu	30 days of practice	Katatedori	Katatedori					Katatedori	Katatedori						Sitting		
4th Kyu	40 days of practice after obtaining 5th Kyu		Shomen-uchi	Katadori				Yokomen-uchi	Shomen-uchi	Shomen-uchi					"		
3rd Kyu	50 days of practice after obtaining 4th Kyu		o	o				o	o	o					"		Hanmi-Handachi Ukemi 30 times
2nd Kyu	60 days of practice after obtaining 3rd Kyu		o	o	o	o	o	o	o	o	o	o	o	o	"		
1st Kyu	70 days of practice after obtaining 2nd Kyu		o	o	o	o	o	o	o	o	o	o	o	o	"		
1st Dan	80 days of practice after obtaining 1st Kyu	o	o	o	o	o	o	o	o	o	o	o	o	o	"	Standing	Ukemi 50 times Shimewaza x1
2nd Dan	Minimum 2 year since 1st dan With 200 days of practice	o	o	o	o	o	o	o	o	o	o	o	o	o	"	Sitting, Standing, Hanmi-Handachi Ushiro	Tantodori Niningake Shimewaza x2
3rd Dan	Minimum 3 years since 2nd dan With 300 days of practice	o	o	o	o	o	o	o	o	o	o	o	o	o	"	"	Tachidori Niningake Shimewaza x3
4th Dan	Minimum 5 years since 3rd dan With 500 days of practice																Jodori Taninzugak Shimewaza x4

Be sure you don't have unpaid membership fee.

Contribute an article to Seibukan-Tsushin if you got promoted.

Uke has to be chosen from someone who have same grade or equivalent skills.

1st version : 1999/Feb/28

2nd version : 1999/Mar/15

3rd version : 2015/June/1